



G. Adam Shapiro, DPM, FACFAS
*Diplomate, Am. Board of Podiatric Surgery
Board Certified in Foot Surgery*
Joe K. Ades, DPM
Podiatric Foot & Ankle Surgeon

Pre Operative Instructions Please Read Carefully

Please BE PROMPT for your scheduled surgery time! Arrive at least one and a half (1½) hours before your scheduled surgery time.

1. Please have someone available to drive you home once you are discharged from the hospital.
2. **DO NOT EAT OR DRINK ANYTHING** after midnight the night before surgery, unless you are given instructions to do so by your doctor/surgeon.
3. Please refrain from wearing any tight fitted garments the day of surgery. Bandaged foot/ankle/leg(s) have to slip through your clothing easily.
4. If you have any questions or concerns regarding your surgery that were not already addressed, please do not hesitate to call our office.

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